Proximal Tubular Oxidative Metabolism in Acute Kidney Injury and the Transition to
Chronic Kidney Disease

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Abstract

The proximal tubule relies on oxidative mitochondrial metabolism to meet its energy needs and has limited capacity for glycolysis, which makes it uniquely susceptible to damage during Acute Kidney Injury, especially after ischemia and anoxia. In that setting, mitochondrial ATP production is initially decreased by several mechanisms, including fatty acid-induced uncoupling and inhibition of respiration related to changes in the shape and volume of mitochondria. Glycolysis initially is insufficient as a source of ATP to protect the cells and mitochondrial function, but supplementation of tricarboxylic acid cycle intermediates, augments anaerobic ATP production and improves recovery of mitochondrial oxidative metabolism. Incomplete recovery is characterized by defects of respiratory enzymes and lipid metabolism. During the transition to Chronic Kidney Disease (CKD), tubular cells atrophy but maintain high expression of glycolytic enzymes and there is decreased fatty acid oxidation. These metabolic changes may be amenable to a number of therapeutic interventions.
Introduction

Acute Kidney Injury (AKI) is one of the most common problems encountered by nephrologists, yet we lack efficacious therapies. The proximal tubule of the nephron is a prime site for tubular injury, which is partially due to its high energy requirements to sustain solute transport and its dependence on oxidative metabolism to meet its energy needs. Our understanding of the central role of mitochondrial abnormalities and alterations in metabolism in both acute and chronic kidney injury has steadily improved over the last 20 years. There are now potential therapeutic targets to improve mitochondrial function in AKI that positively impact the metabolic derangements that occur in AKI (1-3).

These promising possibilities increase the need for nephrologists to understand energy metabolism in the proximal tubule and alterations that occur during AKI. The purpose of this review is to briefly review the basics of energy metabolism in the kidney under normal circumstances and consider some of the adaptations of oxidative metabolism during two stages of injury that we have investigated in detail along with related work by others. First, we will address the contribution of glycolysis and anaerobic pathways of mitochondrial ATP production to survival and protection of tubule cell mitochondrial function during primary injury, and, second, the initial metabolic shift that occurs during the AKI to Chronic Kidney Disease (CKD) transition.

Modes of ATP production in the kidney

Tubule cells utilize several different pathways and sources of fuel to produce ATP. When glucose is used as the primary energy source, one molecule of glucose is converted to 2 pyruvates via glycolysis (Fig. 1). Under aerobic conditions, the pyruvate formed will then be shuttled into the tricarboxylic acid (TCA) cycle and the reduced nicotinamide adenine
dinucleotide (NADH) generated will be used to drive mitochondrial oxidative metabolism (Fig. 1). During aerobic metabolism of one molecule of glucose, 2 ATPs are generated in the cytosol via glycolysis (4). Subsequent mitochondrial oxidative metabolism by pyruvate dehydrogenase and the TCA cycle generates an additional 30 ATPs, or roughly 5 ATPs per carbon of the glucose molecule (5). If fatty acids are used as the fuel source, they undergo beta-oxidation to generate acetyl-CoA, which is then shuttled into the TCA cycle to undergo mitochondrial oxidation (6, 7). In contrast, if mitochondrial oxidative metabolism is absent, anaerobic metabolism of glucose yields just the net of 2 ATPs available at the end of the glycolysis pathway and pyruvate is subsequently converted to lactate by lactate dehydrogenase. Converting pyruvate to lactate serves to remove the proton from NADH allowing NAD to recycle and continue the process (Fig. 2) (4). Less well known as a potential source of anaerobic ATP production than anaerobic glycolysis is a mitochondrial pathway for substrate level phosphorylation via \( \alpha \)-ketoglutarate (\( \alpha \)KG)-dehydrogenase and succinyl-Coenzyme A synthetase in the TCA cycle (Fig. 2) (8, 9). Although not readily amenable to interventions in vivo (10, 11), manipulating this pathway in isolated tubules, has proven to be very informative for understanding mitochondrial sensitivity to injury (12-14).

**Proximal tubule cells rely on mitochondria and oxidative metabolism to meet their energy needs**

Oxidative metabolism mediated by abundant mitochondria is essential to proximal tubule function because high amounts of ATP are needed for their high rates of transport (15). During mitochondrial oxidative metabolism, substrates that are transported across the outer and inner mitochondrial membranes into the matrix are metabolized in the TCA cycle to produce NADH and reduced flavin adenine dinucleotide (FADH2) that, in turn, deliver electrons
to the electron transport chain on the membrane where they are progressively transferred to oxygen (Fig. 3). In the process, hydrogen ions are pumped out of the matrix at three different points along the electron transport chain to generate an electrochemical potential across the membrane that consists of both a hydrogen ion gradient and a membrane potential. That potential is used via the F1F0-ATPase on the inner mitochondrial membrane to drive phosphorylation of ADP to ATP (16, 17).

Mitochondrial oxidative metabolism is also required for utilization of fatty acids, which are a high yield source of fuel in the proximal tubule (18-21). The ATP yield from beta oxidation and TCA cycle metabolism of the acetyl CoA formed is roughly 6-8 ATPs per carbon or 106-129 ATPs per molecule of the typical fatty acid, palmitate (7).

**Role of anaerobic glycolysis in proximal tubular cells**

Although quantitatively much less than oxidative metabolism, ATP production by anaerobic glycolysis can be critically important in the cellular response to injury because it can provide the very small amounts of ATP necessary to preserve viability during the primary insult and permit recovery afterwards (22). Glycolytic metabolism is limited in fully differentiated proximal tubule cells because the enzymes needed for it are present at much lower levels than in distal segments so as to favor the gluconeogenic function of the tubules (Fig. 4) (23). In the proximal tubule, S3 segments in the outer medulla have higher glycolytic capacity than the S1 and S2 segments in the cortex (24, 25).

Proximal tubules micro-dissected from snap frozen kidney after short periods of ischemia had the most ATP depletion during inhibition of mitochondrial oxidative metabolism compared to other nephron segments and had the lowest amount of lactate production, suggesting that there was less flux through the glycolytic pathways in the proximal tubule.
compared to other nephron segments (26). Other investigators have shown that there is essentially no lactate production in the proximal tubule under complete inhibition of electron transport (27). More recent imaging studies have demonstrated better preservation of mitochondrial energization in distal than proximal tubules in intact kidney tissue treated with cyanide that is attributable to use of glycolytic ATP in the distal segments to support energization (28).

Whether the small amount of glycolysis possible in proximal tubules modifies ATP depletion and resulting injury has been debated. In isolated tubule suspensions, addition of glucose provided a small benefit against cell killing during anoxia but it did not translate into improved respiratory function during reoxygenation of the more sensitive proximal convoluted tubules (24). Despite the presence of glucose, isolated proximal tubules subject to anoxia undergo very rapid ATP depletion and extensive cell killing more so than in vivo (29). Even if this heightened in vitro sensitivity to injury is corrected by replacement of the cytoprotective amino acid, glycine, which delays ATP depletion-induced lethal plasma membrane damage, recovery of energetic function during reoxygenation is still impaired (29). Reoxygenated tubules have markedly decreased mitochondrial membrane potential (13, 16, 30).

**Supplementation of TCA cycle intermediates can improve survival during anoxia**

While there is little or no benefit of anaerobic glycolysis for fully differentiated proximal tubule cells subjected to anoxia, they can be salvaged by supplementing TCA cycle intermediates that enable anaerobic ATP generation. As discussed above and shown in Fig. 2, substrate level phosphorylation via $\alpha$-ketoglutarate ($\alpha$KG)-dehydrogenase and succinyl-Coenzyme A synthetase in the TCA cycle results in direct phosphorylation of GDP and the newly formed GTP can generate ATP by transphosphorylation. However, this process can't
continue unless NAD can be regenerated anaerobically from the NADH formed. That can be promoted by additionally providing aspartate, which oxidizes the NADH back to NAD, and in the process produces malate, then fumarate (Fig. 2) (8, 9, 12). Additionally, the fumarate formed can theoretically drive energization via an anaerobic cycle that can occur between complexes I and II of the electron transport chain, although the presence of this second pathway in mammalian cells has been debated (31).

Consistent with operation of these pathways, supplementing intact tubules with αKG+aspartate supports both ATP production and energization with strong effects to increase ATP levels and mitochondrial membrane potential when provided during reoxygenation after anoxia (Fig. 5) (12). It is also of benefit when provided during anoxia alone and is best when present during both anoxia and reoxygenation (12).

Further studies have shown that benefit of TCA cycle substrate supplementation is not limited to αKG+aspartate but is seen with other metabolites and combinations, such as malate, succinate, citrate and fumarate (13). Some of these are only effective during reoxygenation, so they may be working by overcoming substrate delivery issues at that time in addition to feeding the anaerobic pathways.

**Anaerobic ATP generation limits non-esterified fatty acid accumulation and maintains mitochondrial respiratory function**

The mechanism by which anaerobic ATP generation helps foster recovery of effective oxidative metabolism and cellular energetics was initially unclear. Investigations subsequently demonstrated that supplementation of TCA cycle intermediates alters non-esterified fatty acid (NEFA) accumulation that occurs during anoxia (32). These fatty acids can enter the mitochondrial matrix via nonionic diffusion, which delivers their protons to the matrix, and, thus,
short circuits the normal path of proton entry through the ATPase to drive ATP generation and uncouples oxidative phosphorylation (Fig. 6). The process only requires small catalytic amounts of NEFA because the fatty acid ions can then be recycled out of the matrix by the ADP/ATP carrier and other carriers, thus making it self-sustaining (33, 34). The net leak of protons into the matrix decreases membrane potential, the driving force for ATP synthesis by the mitochondrial F1F0-ATPase (16, 17). Isolated proximal tubules that are provided with protective TCA cycle substrates during anoxia and reperfusion experiments have strikingly reduced NEFA accumulation during both anoxia and reoxygenation (32). The role of decreased fatty acid accumulation is supported by studies showing that the substrate effects can be enhanced by further sequestering NEFA with delipidated albumin, which strongly restores membrane potential and ATP. Addition of delipidated albumin to permeabilized tubules rapidly and strongly restores membrane potential (32).

Respiration of both intact and permeabilized tubules is profoundly impaired during reoxygenation, but, unlike membrane potential, respiratory function is not substantially improved by addition of albumin to permeabilized tubules, indicating that this abnormality is not being driven by continued presence of NEFA. Respiratory dysfunction is only improved when tubules are substrate supplemented for 60 minutes of reoxygenation before sampling and permeabilization for the assay (14).

These data indicate that there are two components to the failure of oxidative phosphorylation. One is a readily reversible NEFA-induced uncoupling, but the other is a severe impairment of intrinsic respiratory function that can be at least partially repaired in the cells during an hour of reoxygenation if tubules are supplemented with protective substrates to anaerobically restore ATP. The respiratory effects for intact mitochondria are most severe for Complex 1-dependent substrates, but if the tubules and their mitochondria are disrupted, the
core enzymatic function of Complex I measured as NADH:CoQ reductase activity is not markedly decreased by anoxia or changed by protective substrates (35). TCA cycle activity and complex I in particular require NAD, which is rapidly degraded during anoxia and only partially recovers during unprotected reoxygenation (35). This degradation during anoxia is strongly alleviated by the presence of protective substrates with improvement of subsequent recovery of NAD during reoxygenation (35). So, it’s likely that preservation of NAD by protective substrates contributes to their benefit for respiratory function. Other more recent studies have emphasized the important role played by NAD and its applicability to injury in vivo (1, 36).

The isolated tubule changes are not sex specific. The published studies for rabbits used females, those for mice used males (12-14, 16, 29, 30, 32, 34-38), but both sexes have been tested in each species and showed similar behavior with regard to the metabolic changes, just with a tendency to overall less injury in females (JMW, unpublished).

The nature of the continuing mitochondrial defect hasn’t been further studied in isolated tubule models, but recent work in other systems has suggested that it also likely involves mitochondrial shape and volume changes that remodel cristae, which causes disruption of respiratory chain supramolecular complexes (37). The volume changes may also affect metabolite access to the respiratory chain (38). Consistent with this possibility, several mitochondria-targeted agents have shown strong benefit in intact tissue models that has been associated with preservation of matrix volume and structure of cristae (39-41).

**Metabolic switch to glycolysis during AKI to CKD transition**

In circumstances where damaged proximal tubular cells are unable to fully recover, there is metabolic switch that occurs during the AKI to CKD transition in vivo. During ischemia-
reperfusion, there is downregulation of respiratory enzyme mRNA and protein 24 hours after reperfusion (42). There is also substantial downregulation of enzymes of fatty acid oxidation (FAO) (18, 19). Additionally, glycolytic enzymes are rapidly upregulated during the first 24 hours post ischemia and enzymes necessary for gluconeogenesis are downregulated (43). Metabolically during the first 18 hours of reperfusion, tissue pyruvate was low while lactate was unchanged, consistent with shunting of available pyruvate to lactate. Subsequently levels of both metabolites increased in a sustained way and hexokinase activity was substantially increased (44). Interestingly, however, in a recent study using a murine model of septic AKI, it was shown that despite increased expression of rate limiting enzymes of glycolysis, glycolytic capacity remained limited (45).

By two weeks after an ischemic insult many tubules appear fully recovered, but a subpopulation of them has an atrophic simplified morphology and these tubules are surrounded by areas of fibrosis. The atrophic tubules are sites of production of cytokines such as TGF-β and PDGF, and autacoids such as lysophosphatidic acid that drive both the maladaptive tubule phenotype and the development of the surrounding fibrosis (46). These atrophic tubules have greatly simplified cells and have much fewer mitochondria as seen by both ultrastructure and staining for the mitochondrial protein TOM 20 (Fig. 7). There is evidence of ongoing mitochondrial damage as indicated by the presence ultrastructurally of autophagolysosomes. (Fig. 7) (46). All of these changes were mitigated by a TGF-β antagonist, SD208. Rate limiting enzymes of glycolysis, hexokinase, phosphofructokinase platelet isoform, phosphofructokinase B3, and pyruvate kinase M2 were all increased (Fig. 8A). Conversely, PKLR, the pyruvate kinase isoform that mediates gluconeogenesis and is most strongly expressed under pre-ischemic control conditions, decreases. SD208, the TGF-β antagonist mitigated all these changes. The increases of glycolytic enzymes occurred to some
extent in all proximal tubules but were greatest in the atrophic tubules. The atrophic tubules also show increased inhibitory phosphorylation of the E1-α isoform of pyruvate dehydrogenase, which will serve to limit entry of pyruvate into the TCA cycle and its oxidative metabolism, thus favoring conversion to lactate via anaerobic glycolysis (46).

**Hypoxia Inducible Factors as critical regulators of the metabolic switch after AKI**

Hypoxia Inducible Factor-1α (HIF-1α) is a key transcription factor regulating the cellular response to hypoxia and has far reaching effects on energy metabolism, including increasing expression of enzymes involved in glycolysis and is one of the primary transcription factors regulating the switch from oxidative metabolism to anaerobic metabolism (47-49). Regulation of HIF-1α and its downstream genes in the kidney is compartment specific and likely cell-type specific, and its effects on kidney tissue vary by cell type, injury type and stage (50-57).

In cell culture, HIF-1α deficient proximal tubule epithelial cells that were exposed to hypoxia had decreased expression of glycolytic genes and decreased utilization of glucose in culture medium (58). Stabilization of hypoxia inducible factors in the thick ascending limb resulted in preserved expression of glycolytic enzymes and attenuated the severity of proximal tubular injury in a murine model of ischemia-reperfusion injury (59). During the AKI to CKD transition, HIF-1α expression is strongly increased as is expression of carbonic anhydrase-9 (CA9), a hypoxia marker whose transcription is directed by HIF-1α. CA9 increases were seen in all tubules, but most strongly in the atrophic ones. TGF-β inhibition decreased but did not eliminate the changes of HIF-1α and CA9 (Fig. 8B) (46).

**Lipid metabolism abnormalities during the AKI-to-CKD transition**
A growing and important body of information indicates that the transition to CKD is accompanied by decreases in fatty acid oxidation, which has been considered to be the primary source of fuel for proximal tubular epithelial cell (18-21). In a murine ischemia-reperfusion model of AKI, isolated tubular cells showed down expression of genes involved in fatty acid oxidation and increased expression of genes involved in lipid storage (60). Similarly, downregulation of carnitine palmitoyltransferase-1 (CPT-1), a rate limiting enzyme of fatty acid oxidation, is seen in septic models of AKI (45). Moreover, proximal tubule specific upregulation of peroxisome proliferator activated receptors (PPAR), transcription factors that activate fatty acid oxidation, mitigates the severity of AKI in murine ischemia-reperfusion and cisplatin models of AKI (61). The severity of AKI is also mitigated when fenofibrate is administered, which is a known PPAR activator (62-64) and when the diminished activity of CPT-1 is pharmacologically stimulated (65). Taken together, these data implicate sustained, decreased fatty acid oxidation as a process that worsens and perpetuates AKI. Decreased expression of fatty acid oxidation enzymes in tubular cells has been documented in kidney samples from patients with CKD (18).

**Conclusions**

The past two decades of research have improved understanding of metabolic regulation during AKI and the AKI to CKD transition. These efforts have culminated in initial studies manipulating these pathways as potential therapeutics for AKI (1-3). We have presented here a detailed description of the biochemistry to improve understanding. In summary, during the initial oxygen deprivation insult, very small amounts of ATP are required to maintain cell viability and enable recovery of mitochondrial oxidative metabolism via effects to limit fatty acid uncoupling, increase NAD, and likely preserve respiratory complex organization via regulation
of mitochondrial volume and cristae structure. These levels of ATP cannot be provided by glycolysis in proximal tubules but can be produced by anaerobic mitochondrial metabolism.

Later during the transition to CKD, a metabolic switch driven in large part by HIF-1α and TGF-β, to favor glycolysis occurs. The switch is prevented or reversed in proximal tubules that recover normally but persists and becomes progressively more severe in atrophied tubules that are associated with areas of fibrosis and that exhibit extensive loss of mitochondria. Abnormalities of fatty acid oxidation occur early during AKI and persist during CKD and are promising therapeutic targets. While there are multiple cellular processes that contribute to the AKI to CKD transition (66), the totality of these data suggests that changes in energy metabolism are a critical component of the AKI to CKD transition.
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Author contributions

J.A. Schaub: Conceptualization; Writing - original draft; Writing - review and editing

M.A. Venkatachalam: Conceptualization; Investigation; Writing - review and editing

J.M. Weinberg: Conceptualization; Writing - original draft; Writing - review and editing


Figure Titles and Legends

Figure 1: Pathways of aerobic tubule ATP production
Glycolysis of one glucose molecule yields two pyruvates and 2 molecules of ATP. In the TCA cycle, further aerobic metabolism of these pyruvates yields an additional 30-32 ATPs or 5 ATPs/carbon. Amino acids (via transamination) and carboxylic acids are aerobically metabolized in this fashion. Fatty acids enter the TCA cycle via β-oxidation and yield a net of 6-8 ATPs per carbon. Abbreviations: CoA, Coenzyme A; FADH2, reduced flavin adenine dinucleotide; NAD, nicotinamide adenine dinucleotide; NADH, reduced nicotinamide adenine dinucleotide; TCA, tricarboxylic acid.

Figure 2: Pathways of anaerobic tubule ATP production
Under anaerobic conditions, pyruvate undergoes anaerobic fermentation and generates lactate and only 2 ATPs. A limited amount of ATP can also be generated anaerobically during TCA cycle substrate level phosphorylation. Abbreviations: ADP, adenosine diphosphate; αKG, α-ketoglutarate; ASP, aspartate; ; CoA, Coenzyme A; FADH2, reduced flavin adenine dinucleotide; FUM, fumarate; GDP, guanosine diphosphate; GTP, guanosine triphosphate; MAL, malate; NAD, nicotinamide adenine dinucleotide; NADH, reduced nicotinamide adenine dinucleotide; OAA, oxaloacetate; Pi, inorganic phosphate; SUCC, succinate; TCA, tricarboxylic acid.

Figure 3: Mitochondrial energy transduction
NADH and FADH2 deliver electrons to the electron transport chain on the inner mitochondrial membrane where they are progressively transferred to oxygen. Hydrogen ions are pumped out of the mitochondrial matrix to generate an electrochemical potential, which powers the F1F0-ATPase on the inner mitochondrial membrane to drive phosphorylation of ADP to ATP. Adapted from ref. (17). Abbreviations: ADP, adenosine diphosphate; FADH2, reduced flavin adenine dinucleotide; IMM, inner mitochondrial membrane; NADH, reduced nicotinamide adenine dinucleotide.

Figure 4: Differential expression of glycolytic and gluconeogenic enzymes along the nephron
Panel A) expression of enzymes involved in glycolysis. B) expression of enzymes involved in gluconeogenesis. The abbreviations of nephron segments are: GL, Glomerulus; PCT, early proximal convoluted tubule; PCT2, late proximal convoluted tubule; PST, proximal straight tubule; TL, loop of Henle, thin limbs: MAL, medullary thick ascending limb; CAL, cortical ascending limb; CT, distal convoluted tubule; CCT, cortical collecting tubule; MCT, medullary collecting tubule. Figures are from ref (23).
Figure 5: Tricarboxylic acid cycle intermediate supplementation improves mitochondrial membrane potential of isolated proximal tubules

Isolated proximal tubules showing mitochondrial tetramethylrhodamine methyl ester (TMRM) fluorescence, which detects changes in mitochondrial membrane potential. A) In control samples, mitochondria in the basal portion of tubule cells are brightly stained indicating high membrane potential. B) After anoxia/reperfusion (A/R) with no extra substrates (NES), TMRM fluorescence is decreased indicating decreased mitochondrial membrane potential. C) Supplementation of α-ketoglutarate+aspartate (αKG/ASP) during only reoxygenation improves mitochondrial fluorescence. D) In the presence of carbonyl fluoride-m-chlorophenylhydrazone (FCCP), a mitochondrial uncoupler that completely eliminates membrane potential, there is virtually no fluorescence. E) High magnification image of H/R with NES. D) High magnification image of H/R with αKG/ASP. Sizing bars are 10 um. Figure is from ref. (13).

Figure 6: Fatty acid cycling across the inner mitochondrial membrane decrease membrane potential and uncouples oxidative phosphorylation

Fatty acids (FA) enter the mitochondrial matrix via nonionic diffusion and deliver their protons to the matrix, which short circuits the normal path of proton re-entry via the ATPase. Fatty acid ions can then be recycled out of the matrix by membrane carriers including ADP/ATP Carrier (AAC), Glutamate-Aspartate Transport (AGC) and Uncoupling Proteins (UCP). Figure is from ref. (34).

Figure 7: Mitochondrial pathology in proximal tubules during the AKI:CKD transition.
Electron micrographs showing A) normal recovery, B) atrophy with loss and simplification of mitochondria C) autophagolysosome associated with atrophy and D) TGF-β receptor antagonist, SD-208, improves mitochondrial number and morphology. Figure from ref. (46).

Figure 8: Changes in glycolysis enzymes and hypoxia markers during transition to Chronic Kidney Disease after ischemia-reperfusion injury.
A) Western blot showing increases in glycolytic enzyme protein expression during progression to CKD after ischemia/reperfusion injury (IRI). B) Western blot showing increases in hypoxia markers after IRI. Abbreviations: Hexokinase 2(HK2); Phosphofructokinase platelet isoform (PFKP); 6-Phosphofructo-2-kinase/fructose-2,6-bisphosphate-3 (PFKFB3); Pyruvate kinase M2 (PKM2); Pyruvate kinase liver/RBC isoform (PKLR); Glyceraldehyde-3-phosphate dehydrogenase (GAPDH); Carbonic anhydrase 9 (CA9); SD208, a TGF-β receptor antagonist, (SD); Nephrectomy control 14 days after sham left kidney ischemia (14d neph ctrl). Figures from ref. (46).
Glycolysis/Embden-Meyerhof-Parnas Pathway

Glucose + 2 NAD\(^+\) + 2 P\(_i\) + 2 ADP → [2 pyruvate + 2 NADH] + 2 ATP + 2 H\(^+\) + 2 H\(_2\)O

**Mitochondrial Oxidative Metabolism**

Oxidation of 2 NADH

3-5 ATP

Oxidative decarboxylation of 2 pyruvate via pyruvate dehydrogenase to 2 acetyl CoA – 5 ATP

[TCA cycle metabolism of 1 acetyl CoA] to 1 ATP + 3 NADH + 1 FADH\(_2\) then further oxidation of the NADH and FADH\(_2\) yielding a total 10 ATP

2 acetyl CoAs from each glucose molecule yields 20 ATP in TCA cycle, for a total of 30-32 ATP (5 ATP/carbon) by full aerobic, oxidative metabolism.

**Fatty Acid Metabolism**

Each cycle of β-Oxidation yields 1 acetyl CoA + 1 NADH + 1 FADH\(_2\). Further [TCA cycle metabolism of 1 Acetyl CoA] yields 10 ATP and oxidation of the NADH and FADH\(_2\) yields 14-17 ATP.

For the typical 16 carbon fatty acid, palmitate, ATP yield from full oxidative metabolism is 106-129 ATP (6-8 ATP/carbon).
Glycolysis/Embden-Meyerhof-Parnas Pathway

Glucose + 2 NAD⁺ + 2 P_i + 2 ADP → [2 pyruvate + 2 NADH] + 2 ATP + 2 H⁺ + 2 H₂O

**TCA cycle substrate level phosphorylation and its facilitation by αKG+aspartate to anaerobically recycle NAD**

[2 lactate + 2 NAD⁺]
(0.33 ATP/carbon)
Proton motive force ($\Delta p$) = $\Delta p_H + \Delta \Psi_m$