

“It’s Hard, but I’m Grateful for It”: A Patient Perspective on Hemodialysis

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Medicine in the United States has made huge strides in involving patients as decision makers and participants in their care. The priorities of patients often differ from those of their physicians and nurses. Nephrologists who care for patients on dialysis primarily focus on objective outcomes, such as patient survival, dialysis adequacy, anemia, mineral and bone disease, vascular access, and BP. In contrast, patients on dialysis primarily focus on quality-of-life issues, such as insomnia, anxiety, time spent on dialysis, dietary restrictions, pain, and ability to travel.

Much of the published nephrology literature has focused on the physician’s perspective. The goal of the Patient Perspective feature is to explore how people with kidney disease view current management of CKD, home dialysis, in-center hemodialysis, and kidney transplants. Since all content in *Kidney360* is freely available to the public, we are

proud to present patients and their families with information that is highly credible and easily accessible. Likewise, medical caregivers will benefit from improving their understanding of patient view points.

This month, we feature a podcast interview with a patient on hemodialysis, in which she describes her views on dialysis.

Author Contributions

M. Allon wrote this podcast summary.

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Disclosures

M. Allon has nothing to disclose.

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